

HAST SENIOR TEAM

HAST MISSION STATEMENT:

"To develop the character traits, technical skills and intense desire necessary for maximum realization of each individual's potential."

Swim Meet Calendar for Long Course Season 2006

May

- 13 HAST WAS Meet @ AF Rec Center
- 19-24 Boise YMCA Spring Fling Invitational @Boise YMCA

June

- 2-3 Dimple Dell Invitational @ Draper, UT
- 22-25 Santa Clara International Invitational @ Santa Clara, California*
- 21-24 CHAT Invitational @Cottonwood Heights Rec Center

July

- 1 CHAT WAS Meet @Cottonwood Heights
- 5-8 HAST Red-White and Blue Invitational @AF Rec Center
- 18-22 Speedo Sectional Championships @Federal Way, Washington *(Tuesday thru Saturday)
- 21-22 Utah State B-C Finale Place TBA
- 26-29 Utah Summer LC Championships @Kearns

August

- 1-5 US Swimming National Championships @Irvine, California*
- 7-11 Junior Championships @Irvine, California*
- 8-12 Western Zone Championships @Fresno, California**

*These meets have qualifying standards that must first be met. Take a look at the time standards that are required. It is expected that each swimmer will work toward qualifying for one of these meets as they represent the some of the highest and best competition in the country. **For Zones, if you achieve one of these time standards then you should plan to apply to attend this meet as it is an LSC sponsored event-you would represent HAST and Utah.