



# HAST W.A.S.P. Meet

at the American Fork Fitness Center on

## Sat., Nov. 3<sup>rd</sup>, 2007

Warm-ups @ 7:30 am, Meet @8:30 am.



**Entries are due by TUES., Oct. 30<sup>th</sup> at 7:00 p.m.!**

Late entries may not be accepted.

AWARDS: 1<sup>st</sup> - 12<sup>th</sup> place in each event for "B" & "C" swimmers. Ribbons given for first time "BB" and "A" times.

**REMEMBER... THIS IS MANDATORY AT ALL MEETS!!** YOU MUST WEAR THE TEAM UNIFORM -

team suits, or navy or black solid suits or aquablades AND the HAST team cap (optional for boys).

If you choose not to wear the team uniform at a meet, you are choosing to NOT be a part of our team, and your swimmer in good standing status will be evaluated for continued membership. **NO EXCEPTIONS & NO EXCUSES!!**

\* Pizza & light concessions will be offered!!!

-----\*\*Cut & return bottom portion of entry form\*\*-----

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Phone: \_\_\_\_\_

#Events X \$2.50 = \_\_\_\_\_ + **\$20.00** = \_\_\_\_\_ + \$3.50 Surcharge = \$ \_\_\_\_\_  
( only if you want to hire someone ) Make checks to HAST.....NO cash please

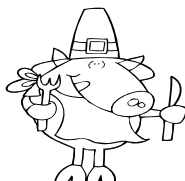
**Parents...**If you have a swimmer entering this meet, you will be expected to be a timer, help at the computer table, or be a runner. If it is not possible for you to help, we are asking that you pay \$10.00 an hour for 2 hours to hire someone in your place. **Also, if you do not show up for your shift you will be charged accordingly.** We realize this is an extra cost, but it is impossible to run a successful meet with only a few parents' help. We will accept the first two (2) parents who call DaNene (763-3084) to help with set-up!! All other positions need to sign up below. If there is NOT enough swimmers who sign up for this meet to do split work sessions, then all assignments will be from 8:30 am to the end of the meet, and those hiring help will be charged accordingly. Thanks!!

\*Check in at the check-in table. **You will be given your assignment on a first come basis starting at 7:30 am.** Only so many spots are available, therefore if your first preference is filled, you will need to fulfill your assignment in a different position.

You may swim in THREE (3) events. Keep in mind that some events might be combined, which might result in back-to-back events. "NO-times" (NT's) will be accepted. If you have any questions, please ask your coach

Event #	Event Name

HAST W.A.S.P. Meet



Time Assigned: \_\_\_\_\_

(Will be filled in at meet)

Date: \_\_\_\_\_ Amount Paid: \$ \_\_\_\_\_

Check #: \_\_\_\_\_ Til #: \_\_\_\_\_ Initials: \_\_\_\_\_

## EVENT LIST FOR WASATCH AREA SWIM PROGRAM

<u>Girls Event #'s</u>	<u>Events</u>	<u>Boys Event #'s</u>
1	Senior 200 Individual Medley	2
3	11-12 100 Individual Medley	4
5	10 & under 100 Individual Medley	6
7	Senior 400 Individual Medley	8
9	Senior 100 Freestyle	10
11	11-12 100 Freestyle	12
13	10-Under 100 Freestyle	14
15	Senior 100 Butterfly	16
17	11-12 50 Butterfly	18
19	10 & under 50 Butterfly	20
21	Senior 50 Freestyle	22
23	Senior 100 Breaststroke	24
25	11-12 50 Breaststroke	26
27	10-Under 50 Breaststroke	28
29	Senior 100 Backstroke	30
31	11-12 50 Backstroke	32
33	10-Under 50 Backstroke	34
35	Senior 500 Freestyle (Must provide own timers)	36

*Senior Events open to ALL swimmers*

No time trials at this meet.

Ribbons awarded by age group in Senior events

Swimmers...Be careful of signing up for back-to-back events.  
There will be no delay between events if you choose to swim back-to-back events.