

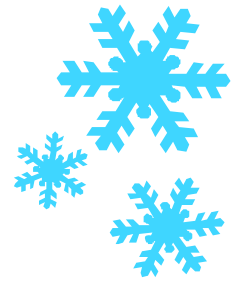


# HAST February Meet

at the American Fork Fitness Center on

## Friday, Feb. 26<sup>th</sup>

Warm-ups @ 3:30 pm, Meet @4:00 pm.



**Entries are due by *Mon., Feb. 22<sup>nd</sup>* !!**

**\*\*Late entries may not be accepted\*\***

AWARDS: 1<sup>st</sup> - 12<sup>th</sup> place in each event for "B" & "C" swimmers. Ribbons given for first time "BB" and "A" times.

REMEMBER... **THIS IS MANDATORY AT ALL MEETS!!** YOU MUST WEAR THE TEAM UNIFORM - team suits, or navy or black solid suits AND the HAST team cap (optional for boys).

If you choose not to wear the team uniform at a meet, you are choosing to NOT be a part of our team, and your swimmer in good standing status will be evaluated for continued membership. NO EXCEPTIONS & NO EXCUSES!!

-----\*\*Cut & return bottom portion of entry form\*\*-----

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_ #Events X \$2.50 = \_\_\_\_\_ + **\$10.00** = \_\_\_\_\_ + \$2.50 Surcharge = \$ \_\_\_\_\_  
( only if you want to hire someone ) Make checks to HAST.....NO cash please

**Parents...**If you have a swimmer entering this meet, you will be expected to be a timer, help at the computer table, or be a runner. If it is not possible for you to help, we are asking that you pay \$10.00 an hour for 1 hour to hire someone in your place. **Also, if you do not show up for your shift you will be charged accordingly.** We realize this is an extra cost, but it is impossible to run a successful meet with only a few parents' help.

*All assignments will be from 3:45pm - 5:00p.m. or 5:00 p.m. to the end of the meet.* Thanks!!

**This meet should only last 2 hours!!**

**~~Please go to our WEBSITE and follow the links to sign up for a position that you would like to help~~** Only so many spots are available on the website sign-up form. Be sure to sign up ASAP for the position you desire. Also, if you do not take advantage of the website sign up form you will need to sign up for a position at the check in table

You may swim in FIVE (5) events. Keep in mind that some events might be combined, which might result in back-to-back events. "NO-times" (NT's) will be accepted. If you have any questions, please ask your coach

| Event # | Event Name |
|---------|------------|
|         |            |
|         |            |
|         |            |
|         |            |
|         |            |

Please go to the HAST website:  
[www.hilltopaquatics.org](http://www.hilltopaquatics.org)  
 and follow the link to sign up for the position you would like to help at the meet.  
 What position did you sign up to help at the meet:  
**POSITION:** \_\_\_\_\_ **TIME:** \_\_\_\_\_

**HAST February Meet**

Date: \_\_\_\_\_ Amount : \_\_\_\_\_  
Till # : \_\_\_\_\_ Check #: \_\_\_\_\_ Initials: \_\_\_\_\_

## ***EVENT LIST***

| <b><u>Girls Event #'s</u></b> | <b><u>Events</u></b>                              | <b><u>Boys Event #'s</u></b> |
|-------------------------------|---|------------------------------|
| 1                             | Senior 200 Butterfly                              | 2                            |
| 3                             | 8 & under 25 Butterfly                            | 4                            |
| 5                             | 12 & under 100 Individual Medley                  | 6                            |
| 7                             | Senior 200 Individual Medley                      | 8                            |
| 9                             | 12 & under 100 Freestyle                          | 10                           |
| 11                            | 13 & older 100 Freestyle                          | 12                           |
| 13                            | 8 & under 25 Freestyle                            | 14                           |
| 15                            | Senior 200 Breaststroke                           | 16                           |
| 17                            | 12 & under 50 Butterfly                           | 18                           |
| 19                            | Senior 200 Freestyle                              | 20                           |
| 21                            | Senior 100 Butterfly                              | 22                           |
| 23                            | 8 & under 25 Breaststroke                         | 24                           |
| 25                            | Senior 200 Backstroke                             | 26                           |
| 27                            | 12 & under 50 Breaststroke                        | 28                           |
| 29                            | Senior 100 Breaststroke                           | 30                           |
| 31                            | 12 & under 50 Backstroke                          | 32                           |
| 33                            | Senior 100 Backstroke                             | 34                           |
| 35                            | 8 & under 25 Backstroke                           | 36                           |
| 37                            | 12 & under 50 Freestyle                           | 38                           |
| 39                            | 13 & older 50 Freestyle                           | 40                           |
| 41                            | Senior 500 Freestyle<br>* Must provide own timers | 42                           |

### ***Senior Events open to ALL swimmers***

Ribbons awarded by age groups: 6 & under, 7-8, 9-10, 11-12, 13-14, 15 & over

Swimmers...Be careful of signing up for back-to-back events.  
There will be no delay between events if you choose to swim back-to-back events.