

HAST Policy for Parent Involvement at Meets...

HOME MEETS...

Hosting a meet at our pool takes everyone's help to make it run smoothly. To achieve this, our team has set policies for parent involvement at home meets. If you sign up your swimmer for a **HOME MEET**, you—as a parent—**EXPECTED** to help at that meet for the **ENTIRE LENGTH OF THE MEET**. There are many positions that need to be filled for a home meet to run successfully. As all of you know that have “worked” at a meet, the meet goes by much faster when you are involved and helping! We realize that problems that may arise in which you would be unable to help at the meet. For that reason we have added the extra fee of \$20.00 that **MUST** be paid with your entry fee or in advance of the meet—not when you check in at the meet. This will hire someone to take your place at the meet for 4 hours, which is usually the time involved for a home meet. Most families have small children, but we still need your help at the meet. Please make prior arrangements for their care so that one parent or an older sibling (14 & older) is available to fill a position at the meet.

We now have a system in which you can **sign-up online** for the shift and position you would like to do at the meet. You will need to go to our website www.hilltopaquatics.org and find the specific home meet on the HOME PAGE, then follow the link for “Parent Volunteer Sign-up”. Signing up online allows you to sign up before the meet and get the time and position you would like. If you do not sign up online before the meet, you will need to sign-up at the check-in table at the meet, and will need to fill the remaining positions that are left.

We all would like to leave when our swimmer finishes their event, **BUT at HOME MEETS we need EVERYONE TO STAY UNTIL THE END OF THEIR SHIFT - whether your swimmer is through or not, so please don't ask to be replaced!**

If you do not sign up **OR** show up for a shift, ***you will be billed the \$20.00 fee.*** If you do not show up, someone else has had to take your place or we have been short handed, so please understand this is our only way to make sure we have enough parents or hired help, to help us run our home meets. This fee will need to be paid before your swimmer can continue their workouts.

****EVERY PARENT MUST CHECK-IN****

We will have a HAST PARENT CHECK-IN table at home meets. This is the table where you will check-in as you arrive at the meet (during warm-ups) so that we are aware that you are here to fill your position. You will also receive a FREE meet program as you check in. **SWIMMERS CANNOT CHECK IN FOR THEIR PARENTS.**

All HOME MEETS will usually last 4 full hours. If it gets through earlier, then we all have a pleasant surprise! Also, **IF** we have enough swimmers—and parent help—sign up for the meet, we will try to split the shifts into two sessions, but don't rely on this happening. **IF** we do split the work session, an email will be sent out to the team, and those that have signed up online will automatically be placed as the first shift. If you would like to change to the second shift, just go online again and change your work session.

AWAY MEETS...

All AWAY MEETS require that we provide timers to help at their meet. Parents can sign up to time at the away meets in exchange for their entry fees to that meet (4-hour block required). This is on a first come basis. Please email DaNene at HAST@hilltopaquatics.org if you would like the opportunity to be a timer at these away meets.

STATE MEETS...

**THIS INCLUDES: SENIOR STATE (FEBRUARY) ~
SHORT COURSE JUNIOR OLYMPICS (MARCH) ~ SHORT COURSE B/C FINALE (MARCH) ~
LONG COURSE JUNIOR OLYMPICS (JULY) ~ LONG COURSE B/C FINALE (JULY)**

Our team is one of the biggest in the state so naturally at these state meets we are **required** by Utah Swimming to provide volunteer help **by our parents** in numerous positions so that these meets will also run extremely efficiently. **All State Swimmers must have a parent provide this help.** The online sign-ups will be available for these meets as well. It is YOUR responsibility as the parent of a “State Swimmer” to sign up ***BEFORE TURNING IN YOUR ENTRY FORM*** and select a shift to time. Usually these shifts are 3-5 hours long-sometimes more, sometimes less – **BE PREPARED!!** It is also your responsibility to check in with **THE HEAD COACH ON DECK AT THE BEGINNING OF WARM-UPS!**

There is an option to pay \$50.00 at the Junior Olympic Meets, and \$25.00 at the Senior State and B/C Finale Meets, to hire someone to take your place at these meets. **You will need to stay through your entire shift, whether your swimmer is through or not – please don’t ask to be replaced.** If you do not show up for your shift, or leave early, and do not fulfill your assignment completely at any of the State Meets, you will be billed \$50.00 and your swimmer will not be allowed to continue with workouts until your account is paid in full.

And to our Wonderful Parents....

For those parents that have helped at all the meets, and have been willing to help wherever needed, at any time, we appreciate your efforts and commitment to the team. Our team is one of the top teams in the state because of parents like you!! We are very privileged to be able to have home meets, thanks to the support of the Fitness Center. Many swimmers throughout the state do not have the many opportunities our swimmers enjoy.

We hope this policy statement clears up any mis-communication surrounding this matter. Thanks again for all you do, and as always, if you have any questions, or concerns, please let us know.

~HAST Coaching Staff